

Eat right, Stay healthy
Find out what your body can tolerate

Food Intolerance Profile

₹10,999/-



9 categories including 215 food items

Dairy (9)		Fish (39)				Meat (16)	
Egg White	Alga Espaguetta	Cuttlefish	Monkfish	Scallop	Beef	Quail	
Casein	Alga Spirulina	Sea Bream (Gilthead)	Mussel	Sole	Goat	Rabbit	
Sheep Milk	Anchovy	Sea Bream (Red)	Octopus	Squid	Chicken	Turkey	
Goat Milk	Bass	Eel	Oyster	Swordfish	Duck	Veal	
Egg Yolk	Carp	Haddock	Perch	Tuna	Horse	Venison	
Buffalo Milk	Caviar	Hake	Pike	Turbot	Lamb	Wild Boar	
Alpha-lactalbumin	Clam	Herring	Plaice	Razor Clam	Ox		
Cows Milk	Cockle	Lobster	Salmon	Alga Wakame	Partridge		
Beta-lactoglobulin	Cod	Mackerel	Sardine		Pork		
	Crab	Barnacle					
Fruits (36)		Cereals (18)					
Apple	Fig	Olive	Redcurrant	Buckwheat	Rye		
Apricot	Grapefruit	Orange	Rhubarb	Couscous	Spelt		
Avocado	Guava	Papaya	Strawberry	Durum Wheat	Transglutaminase		
Banana	Kiwi	Peach	Tangerine	Flax Seed	Wheat Bran		
Blackberry	Lemon	Pear	Tomato	Millet	Barley		
Blackcurrant	Lime	Pineapple	Watermelon	Oat	Corn (maize)		
Blueberry	Lychee	Plum		Polenta	Glardin		
Cherry	Mango	Pomegranate		Quinoa	Malt		
Cranberry	Mulberry	Raisin		Rice	Wheat		
Date	Nectarine	Rasperry					
Nuts (11)		Vegetables (38)					
Almond	Pistachio	Amaranth	Brussel Sprout	Cucumber	Rocket		
Cashew Nut	Tiger Nut	Artichoke	Cabbage (Red)	Fennel (Leaf)	Shallot		
Brazil Nut	Walnut	Asparagus	Cabbage (White)	Leek	Soya Bean		
Coconut		Aubergine	Caper	Lentil	Spinach		
Hazelnut		Bean (Broad)	Carrot	Lettuce	Sweet Potato		
Macadamia Nut		Bean (Green)	Cauliflower	Marrow	Turnip		
Peanut		Bean (Red Kidney)	Celery	Onion	Watercress		
Pine Nut		Bean (White Haricot)	Chard	Pea	Yuca		
		Beetroot	Chickpea	Potato			
		Broccoli	Chicory	Radish			
Spices (31)		Miscellaneous (17)					
Aniseed	Ginger	Parsley	Agar Agar	Rapeseed			
Basil	Aloe Vera	Peppermint	Cane Sugar	Sesame Seed			
Bay Leaf	Ginkgo	Red Chilli	Carob	Sunflower Seed			
Camomile	Ginseng	Rosemary	Chestnut	Tapioca			
Cayenne	Hops	Saffron	Cocoa Bean	Tea (Black)			
Cinnamon	Liquorice	Sage	Coffee	Tea (Green)			
Clove	Marjoram	Tarragon	Cola Nut	Yeast (Baker's)			
Coriander Leaf	Mint	Thyme	Honey	Yeast (Brewer's)			
Cumin	Mustard Seed	Vanilla	Mushroom				
Dill	Nettle						
Garlic	Nutmeg						